

Duggan Details

March 2019



From the Editor

Brrrr! Is everyone staying warm? As these frigid temperatures continue, we do have some hope of spring with an update from the Duggan Community Garden.

Also check out the article on how to recycle properly, and please provide your feedback to Edmonton Waste services on how our waste system will be changing (hint: we're getting green carts for organics separation!) I'll hopefully be able to write more on that in the coming months.

If you are familiar with our Facebook <u>page</u> and <u>group</u>, you will see that crime is a hot topic these days. To help keep our neighborhood safe and secure, we now have a Facebook group called <u>Duggan Neighbourhood Crime Watch</u> (Thanks Brent!) Check it out, and feel free to post suspicious activity or crimes occurring in the area. Of course, call 911 if you see any active crimes, and report any other activity to the non-emergency line (780-423-4567).

From now on, we will be publishing the Duggan Details every two months. The May issue of the Duggan Details will be published the first week of May. Please send any notices, articles or advertisements to the email address below by **April 15**.

Tara Penner duggandetails@mydcl.ca

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About the Duggan Community League

Duggan Hall Address

3728 - 106 Street NW Edmonton, AB 780-436-6987

Duggan Hall Mailing Address

Duggan Community League Yellowbird Post Office P.O. Box 41041 Edmonton, Alberta T6J 6M7

Executive Officers

President (Vacant) Vice-President (Vacant)

Second Vice-President Mohammad Ali Kamal

Treasurer Richard Mak Secretary Gerald Draganiuk

Directors

Membership (Vacant) Communications Tara Penner Youth Programs (Vacant) Soccer Brad Kring Neighbourhood Watch Michelle Barin Webmaster Michael Elliott Social Director Jeanna Friedley Youth Representative (Vacant) Social Media Samantha Goettel

Committee Chairs

Inventory (Vacant) Financial Review (Vacant) **Bylaw Review** (Vacant) Policy/Procedure (Vacant) Hall Booking Rene Meister Board Transparency (Vacant) (Vacant) Senior Liaison (Vacant) Fundraising Board/Volunteer Recruitment (Vacant)

Board Meetings are held at the Duggan Community Hall on the first Monday of every month.

Upcoming meetings:

- March 4, 2019
- April 1, 2019

How do I buy a community league membership?

To pay online: go to efcl.org/membership and select Duggan Community League.

To pay in person, visit the Community League office on Wednesdays from 7:00-9:00pm.

How much does a membership cost?

Senior Membership \$20
Adult Individual Membership \$20
Associate Membership \$35
Family Membership \$35
Newcomers Membership Free!

What does my membership get me? Lots of things, including:

- Free community swimming at Confederation and William Lutzky YMCA
- Free skating during the winter at the Duggan rink, Confederation rink and Kinsmen rink
- The Community League Wellness Program lets you purchase discounted annual passes and multi-passes to City of Edmonton's rec centers!

Recycle Right

By Tara Penner

Your partner, child, or friend holds up a container and asks "Is this recyclable?"

Some things are easy. Soup cans? Absolutely. Water bottles? Sure. Paper? Yep—unless it has tape, plastic or staples. And then what about Styrofoam? Plastic bags? Clothing? Aluminum foil? And wait, do I keep the lids on or keep them separate? Does the container have to be clean? SO MANY QUESTIONS!

I guess I'll just toss it in in the trash.

But wait! Recycling in Edmonton is simple, once you know the rules.

How do I recycle?

- If you are in a house, simply put a blue bag containing recyclables out with your garbage on collection day.
- If you are in an apartment, you should have a large shared blue bin. If not, talk to your apartment management.
- You can also take recycling to one of the Community Recycling Depots located around the city. The one nearest to Duggan is located at Southgate Center.



What happens then?

Recycled material is collected and taken to a sorting facility. Workers and machines sort the items into various streams (paper, plastic, glass, etc).

Bottles and cans that can be returned for a deposit are collected (and the deposits are used to keep your Utility fees low!)

Materials are then packed into bales and sold to local and global markets for recycling.

What can I recycle?

Paper Newsprint, flyers, envelopes, paper bags, computer paper, magazines, books, non-foil gift wrap



Cardboard Paper egg cartons, boxes, milk cartons, juice boxes, pizza boxes (just remove the greasy liner)



Glass Jars and bottles only

Metal Food cans, beverage cans, soup cans, pop cans, aluminum pie plates, empty non-hazardous aerosol cans



Plastic Household bottles and containers, produce "clamshells", stretchy plastic bags



For all containers, remove the caps and lids (throw them in the trash), but you can leave the labels on.

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What is not recyclable?

- Long, stringy things (like Christmas lights, cords, or VHS tapes—they can get tangled in machinery)
- Shredded paper (it makes a mess at the sorting facility!)
- Clothing or textiles
- Styrofoam
- Containers larger than a basketball or smaller than your palm (these will fall through the sorting machinery)
- Scrap metal, electronics, batteries and light bulbs (take these to the Eco Station!)

Pro Tips

- Rinse your items. They don't have to be spotless, but clean enough that it won't pose a health risk to a worker at the sorting facility after a few days.
- Keep them loose! Don't pack a can inside a jar inside a box. Workers and machinery sort the items, so make it easy for them to do it quickly.
- Other cities might be able to recycle different things. It all depends on what markets they have found for the various materials.



Visit <u>edmonton.ca/recycling</u> for more information on everything you've read here. Also download the WasteWise app on your mobile device. Then you can impress all of your friends with your recycling knowledge!

The Duggan Community Garden Grows Food and Friendships

By: Apryl Bergstrom, Interim Chair, Duggan Community Garden

In 2014, I joined a group of volunteers to turn a patch of grass at Duggan into a thriving community garden with 15 individual garden plots, a community herb bed, and a small orchard. Each year, I love watching new life begin again at the garden, starting with the first small, fragile sprouts that push their way out of the soil in the spring.

In the beginning, I joined the community garden because I believe that gardens are part of the solution for a healthier and more sustainable future. When we transform lawns into gardens, we do not need to purchase as much produce from grocery stores. I am constantly amazed at how much healthy, organic food is produced in each of these small plots without the use of pesticides, herbicides or artificial fertilizers. Not only does this save people money, but this food is also healthier. Having ready access to cheap, fresh and tasty produce from the garden is a great incentive to eat more vegetables and rely less on processed food. My family eats a lot of fresh vegetables in the summer, thanks to the garden! Gardening also gets people out in the fresh air and keeps them active. After sitting in front of a computer all day, spending time in a lush garden allows me to slow down, enjoy the sights and sounds, and breathe in fresh air. I leave the garden feeling relaxed and refreshed.

Gardens are also healthy for the planet. Most food travels hundreds or thousands of kilometers to reach our grocery stores, using fossil fuels and emitting greenhouse gases. Locally grown food can help to

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mitigate climate change. A garden can also provide a welcome oasis for local wildlife in the midst of an urban desert filled with buildings, asphalt, concrete and manicured lawns. Gardens also provide food and habitat for native butterflies and bees, especially if you plant native flowers next to your beets and carrots!

While I initially joined the community

garden because of its environmental benefits, I have found the greatest benefits from new friendships and an increased sense of community. When I first joined the garden, I did not know many people in Duggan. By working in the garden and attending garden events—such as work bees, monthly planning meetings and bi -annual community potlucks—I began to meet people in the neighbourhood. As a result, I now feel more connected with my own community, and some of these new connections have even grown into lasting friendships. Not only can a community garden convert a patch of grass into a small urban oasis, but it can also transform strangers into colleagues and friends!

Please join us in growing food and friendships in the Duggan Community Garden! There are several ways to get involved:

- Attend our Annual General Meeting at the Duggan Community Hall on Saturday, April 13th at 11:00 a.m. You will meet gardeners, learn about the garden, and find out how to get involved.
- Join our short waiting list to become a gardener.
- Attend our monthly planning meetings, which take place on the first Thursday of every month from 7:00-8:00 p.m. in the back room of the Duggan Community Hall



- Volunteer at a monthly garden work bee.
- Attend a community garden potluck, which are open to everyone. This year, they are scheduled on June 22nd (11:00 a.m.) and September 28th (11:00 a.m.) at the Duggan Community Hall.

For additional details on any of these opportunities, or to find out more about the garden in general, please email DugganGarden@mydcl.ca or visit our Facebook page at www.facebook.com/groups/DugganGarden/. You can also call Apryl at 780-433-8113.

"I envision a day when every city and town has front and back yards, community gardens and growing spaces, nurtured into life by neighbors who are no longer strangers, but friends who delight in the edible rewards offered from a garden they discovered together."

Greg Peterson

Residential Winter Road Maintenance Public Engagement

Edmonton winters are changing. Multiple day snowstorms combined with freezing rain and more frequent freeze/thaw cycles over the winter is the new Edmonton reality. The previous practices - which focused mainly on "as needed" residential snow clearing - need to expand into a broader winter residential road maintenance program that includes how the City's residential roads, sidewalks and shared use pathways are kept safe.

The City's roadways operations team is already dealing with these new challenges, but the Policy needs to evolve as well to deal with our new winter weather. Potential updates would take effect in preparation for the 2019/2020 winter season.

The City is reviewing the way snow and ice are managed on our neighbourhood roads, sidewalks and shared use pathways. Edmontonians are invited to share their views at a series of drop-in engagement sessions or via an online survey on the <u>City's Snow and Ice Control Policy C409J</u>.

Join us at:

March 6 Belmead Community Ice Rink 9109 182 Street, Wednesday, 4-7 PM

March 9 Knottwood Community Ice Rink 445 Knottwood Rd W, Saturday, 1-4 PM

March 11 Major General Griesbach School Gym 304 Griesbach School Road NW, Monday, 6:30-9 PM

March 14 Windermere Snow Bank Rink Washburn Drive and Wates Link, Thursday, 4-7 PM

Let's Keep Talking: The Future of Waste

Last fall Edmontonians shared their thoughts on how household waste is sorted and managed. We gathered your comments and are using them to shape recommendations for the future of waste.

We need your help as we further explore the details of what potential changes might look like for Edmonton's waste programs and services. Connect with us again, or for the first time, at a drop-in session, or by completing an online survey. Share your perspectives on specific topics such as cart sizes, recycling and waste reduction.

<u>Public Drop-in Sessions</u>: February 10 - April 15, 2019

Online Survey: February 10 - April 15, 2019

Input gathered will help shape final program recommendations presented to City Council later this year. The recommendations will support the City's focus on increasing the diversion of waste from landfills.

For more information: edmonton.ca/
futureofwaste

Upcoming Drop-in sessions in our area:

March 7, 4-7pm Mill Woods Town Centre, Centre Court 2331 66 Street NW

March 15, 4-7pm Southgate Centre, Centre Court 5015 111 Street #51

March 21, 4-7pm Terwillegar Community Recreation Center 2051 Leger Road NW

Community Events

The Petrolia Seniors Group (55+) invites YOU to come ENJOY

LUNCH and a PROGRAM (\$18 except December)

Every Third Tuesday (except July and August) 11:45 a.m. (sharp) to 2:00 p.m. at Greenfield Community Hall 3803 – 114th Street

MARCH 19 DYAN EYBERFEN, Primary Care Network Mental Health Educator

Explore some of the common mental health problems faced by older adults, and tips for maintaining good mental health

APRIL 16 DON DELANY, Photographer Extraordinaire

Butterflies, Blooms and Backyard Birds

MAY 21 JOHN ROBINSON, Owner and Designer at Robinson Residential Design (Regina SK)

The First Tiny Houses on the Prairies

To **CONFIRM** your attendance or for more information call:

Nick: 780-435-1045 or Betty: 780-434-0712

An additional outing is offered each month for your enjoyment For information call Joyce – 780-435-6388

We look forward to your participation.

Community Events

Sunday

Edmonton Public Library: Whitemud Crossing Branch—Events

Tuesday

Wednesday

Whitemud Crossing Branch 145 Whitemud Crossing Shopping Centre, 4211 - 106 St 780.496.1822

To register or for more information: Online: www.epl.ca Phone: 780.496.1822 Talk to staff in branch or visit www.epl.ca/programs for more details

Sing, Sign, Laugh

Monday

*All programs are drop in unless otherwise specified

and Learn

10:15 a.m.

2:00 p.m.

and 6:30 p.m.

Baby Laptime

Friday

Sing, Sign, Laugh and Learn 10:15 a.m. **Book Clubs** of EPL 2:00 p.m. School's Out 2:00 p.m.

Saturday

Family Storytime 10:15 a m **Puppet Show** Pop-Up Makerspace 2:00 p.m.



Sing, Sign, Laugh and Learn 10:15 a.m. and 2:00 p.m. English Conversation Circle (LACE) **English Conversation** Circle (LACE) Sing, Sign, Laugh and Learn 2:00 p.m. 1:00 p.m.

Resume Review and Career Advising @ EPL 1:30 p.m. Reading Buddies 4:30 p.m. Reading Circle 6:30 p.m.

Sing, Sign, Laugh

English Conversation

10:15 a.m.

and 2:00 p.m.

Baby Laptime 10:15 a.m. Evil Genius Club

Thursday

4:00 p.m. Practise English @ Your Library 7:00 p.m.

10:15 a.m.

Sing, Sign, Laugh

Family Storytime 10:15 a.m. Lego at the

2:00 p.m.



Family Films at

2:00 p.m.

the Library

2:00 p.m.

Sing, Sign, Laugh and Learn 10:15 a.m. and 6:30 p.m. **Baby Laptime**

2:00 p.m.

1:00 p.m. Sing, Sign, Laugh and Learn 2:00 p.m. Daddy and Baby Tir Reading Circle 6:30 p.m.

Family Storytime 10:15 a.m.

English Conve

Daddy and Baby Time

1:00 p.m

6:30 p.m. Reading Circle

6:30 p.m

Circle (LACE) 1:00 p.m. Reading Buddies 4:30 p.m. Reading Circle (Frontier College) 6:30 p.m.

Baby Laptime Evil Genius Club 4:00 p.m. Practise English @ Your Library 7:00 p.m.

Baby Laptime

Baby Laptime

Code Breakers

10:15 a.m.

2:00 p.m.

10:15 a.m.

and Learn 10:15 a.m. **Book Clubs** of EPL 2:00 p.m.

Sing, Sign, Laugh Family Storytime Pop-Up Makerspace 2:00 p.m.





Sing, Sign, Laugh and Learn 10:15 a.m. and 6:30 p.m. **Baby Laptime** 2:00 p.m.

Family Storytime 10:15 a.m. English Conve Circle (LACE) 1:00 p.m. Sing, Sign, Laugh

2:00 p.m. Daddy and Baby Tim Reading Circle

Sing, Sign, Laugh and Learn 10:15 a.m. and 2:00 p.m. English Conversation Circle (LACE) 1:00 p.m. Resume Review and Career Advising @ EPL 1:30 p.m.

Evil Genius Club 4:00 p.m. Practise English @ Your Library 7:00 p.m. Reading Buddies 4:30 p.m.

Sing, Sign, Laugh and Learn 10:15 a.m.

Family Storytime 10:15 a.m. Dinosaur 11:00 a.m. and 2:30 p.m. Lego at the Library 2:00 p.m.



Family Films at the Library 2:00 p.m.

Family Films at the Library 2:00 p.m.

Sing, Sign, Laugh and Learn 10:15 a.m. and 6:30 p.m. Traditional Arts and Crafts 11:00 a.m.

Baby Laptime 2:00 p.m. Aux quatre coins du monde 3:30 p.m. CFUW Surprise Movie Night 6:30 p.m.

Family Storytime 10:15 a.m. African Dance Party with Bill and Masani! 11:00 a.m. and 3:30 p.m.

Sing, Sign, Laugh 2:00 p.m. **Daddy and Baby Time** 6:30 p.m. Reading Circle 6:30 p.r

Epic Puppet Adventures 3:00 p.m. and 6:30 p.m. Reading Circle

6:30 p.m.

Reading Circle 6:30 p.m.

and 4:00 p.m. Practise English @ Your Library 7:00 p.m. Book Clubs of EPI 7:00 p.m. 27

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Sing, Sign, Laugh and Learn Artside Out! 2:00 p.m. and 4:00 p.m.

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Family Storytime 10:15 a.m. Where in the World is Phoenix

Fuzzybottom? and 2:00 p.m.



Community Events

March Programs:

Children

Baby Laptime

Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies. Cuddle with your baby and connect with other caregivers. Ages up to 12 months.

Daddy and Baby Time

You will learn songs and rhymes that help support your baby's development. Ages up to 18 months.

Evil Genius Club

Full STEAM ahead! From robot battles to music to photography, enjoy all things Science, Technology, Engineering, Art and Math. You're invited to hang out, bring friends, try things and create stuff at this drop-in club for maniacal makers.

Lego at the Library

Calling all Lego lovers! Come to the library to design and build a Lego creation. Share your building tips and tricks with others. Ages 6 to 12.

Reading Buddies

THIS PROGRAM IS FOR CHILDREN IN GRADES 2 TO 4 ONLY.

Do you love to read? Do you want to have fun, make new friends and practice your reading skills? Reading Buddies is a program that matches teen mentors with kids in Grades 2-4. Through interactive games and activities, buddies share their enthusiasm for reading. If your child is in Grades 2-4, please register for a spot in the program or contact your local branch for more information. If you're a teen who would like to volunteer, visit www.epl.ca/volunteer for more information.

Reading Circle (Frontier College)

A reading circle is a place where children and volunteers read together for enjoyment. One volunteer and one child form a team to read, write, play games and tell stories that help build literacy skills. For registration information, contact Frontier College by email, edmonton@frontiercollege.ca. Ages 6 to 12.

School's Out

When school is out, the library is in. Complete challenges, play games, or learn something new! Discover all the fun activities waiting for you at EPL. Ages 6 to 12.

Sing, Sign Laugh and Learn

Join us for singing, rhyming and signing. This is an inclusive class for children from birth to age three accompanied by a grown-up. Siblings are welcome. Parents will learn strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement. Offered in collaboration with the Edmonton Early Intervention Program. Note this is not a signing course. Ages birth to 3.

Spring Break Starts Here 2019

an Dance Party with Bill and Masani! - Catch that beat while you embark on an adventure through Africa! Learn traditional songs, dance and drumming with Bill and Masani. You might even get a chance to play one of the traditional drums! All ages. Artside Out! - Like Van Gogh, da Vinci or Monet, create your very own masterpiece. All you need is an epic adventure to inspire your inner Picasso! Ages 6 to 12. Aux quatre coins du monde - Le monde est vaste! Viens apprendre à créer ta propre carte, et même concevoir ton propre monde extraterrestre! Ages 6 to 12. Code Breakers - Do you know how to decipher secret messages? Learn all about coding and ciphers and become a digital dynamo! Explore a variety of different computer and analog techniques to complete many different activities. Ages 6 to 12. saur Adventures - Join us for a dino-mite time and become a junior paleontologist! Learn all about the amazing beasts that once ruled Earth. Ages 6 to 8. Epic Puppet Adventures - Join our unforgettable puppets for enchanting tales of swashbuckling adventures that will take you to lands near and far. After create your own puppet and epic adventure to share with other participants! Ages 6 to 12. Traditional Arts and Crafts - Tanya Rushton, from Driftpile First Nations and TLC Creations will lead children through a variety of traditional crafts including making traditional bracelets. Talk, craft and laugh in this highly engaging class suitable for ages 7 and up. Please note: This class is limited to 30 children. Ages 7 to 12.

Where in the World is Phoenix Fuzzybottom? - Calling all super sleuths! Can you track down the world's greatest thief, Phoenix Fuzzybottom? Use all your geography knowledge to track him down and capture him before he steals all the world's treasure! Ages 6 to 12.

Families

Family Films at the Library

EPL has a great selection of children's films for the entire family. Join us for a family fun movie. March 3 is Harry Potter and the Order of the Phoenix March 10 is Ice Age: Continental Drift, March 17 is Castle in the Sky, March 24 is Despicable Me 3 and March 31 is The Emoji Movie.

Family Storytime

Share stories, songs and games for the whole family

Pop-Up Makerspace

Makey Makey hacks, DIY music, Art and 3-D design are just the beginning at this Pop-Up maker event. You're invited to drop-in, hang out, bring friends, try things and make fun stuff.

Puppet Show

Our library puppeteers bring the puppets to life on stage with plenty of action

Adults

Book Clubs of EPL

Love reading? Love to talk about books you've read? Come join us for lively discussions on all types of fiction and non-fiction. We'll feature different titles and authors each month. Come and share your impressions, thoughts and interpretations of a book we have all read. Check the schedule at www.epl.ca/bookclubs and join us at an EPL location. Please register to reserve a copy of the book. You can contact the library for more information.

CFUW Surprise Movie Night

The Canadian Federation of University Women (CFUW) Edmonton, in partnership with the Edmonton Public Library, invites you to join us for a free movie night at the Whitemud Crossing Library on the fourth Monday of every month from September 2018 to April 2019 (with the exception of December and February).

The title of each monthly movie will be a surprise but you can be sure the movie will be life-enriching and feature strong women. Join us to watch the movie and enjoy conversation after the movie. This is a wonderful opportunity to have fun, meet new people and to learn more about CFUW Edmonton, which, since 1909, has worked locally, nationally, and internationally to improve the status of women, access to education, and human rights. Register online with EPL. For further information call 780-466-6202 or email communications@cfuwedmonton.org Learn more at www.cfuwedmonton.org

English Conversation Circle (LACE)

Drop in and join others who also want to practice their English. English Conversation Circle is part of Catholic Social Services' Learning and Community Enrichment (LACE) program. Call Catholic Social Services at 780-424-3545 for more information.

Practise English @ Your Library

Are you learning English? Practise your English language skills, meet new friends and have some fun. We'll have conversations about many different topics, using materials from the library. A library staff member will lead the group. English speakers at all levels are welcome!

Resume Review and Career Advising @ EPL (Alberta Supports)

Are you looking for work? Alberta Supports staff will be visiting the library to provide one-on-one resume reviews and career advising.

Events around Edmonton

What's happening?

Habitat for Humanity Basic Tool Workshop: Mar. 2, 9 or 23

<u>Indigenous Artist Market Collective</u> - March 2, 9, 16, 23, 30

Remembering the First World War - Royal Alberta Museum - on now

<u>2019 Fraud Prevention Conference</u> - March 4 & 5

<u>YEGyouth 124 Street Youth Drop-In Program</u> - Monday - Thursdays

<u>U Sports Womens Volleyball</u> Championships March 15-17

<u>Edmonton Seedy Sunday</u> - Garden Swap and Sale, Speaker and Demonstrations -March 17

Edmonton Jobs Fair - March 18

<u>I Am From Here</u> - Black Pioneers Exhibition - Royal Alberta Museum - Opens March 23

Find out what's happening every day on the City of Edmonton's <u>Events Calendar</u>

Get Involved!

Benefit from all available subsidies or grants that you or someone you know may be eligible for.

Book a birthday party at the Reuse Centre.

Subscribe to the City of Edmonton's <u>Indigenous Relations Bulletin</u>.

<u>Gallagher Park Concept Plan</u> Public Engagement March 6

<u>Let's Keep Talking the Future of Waste Public Sessions</u> - March 2, 7, 12, 15, 21 and 30.

<u>Accessibility for People with Disabilities -</u>
<u>Public Engagement Session</u> March 5, 7, 13

Organize and register for guided <u>urban tree</u> <u>plantings</u> with Root for Trees.

Find links and contacts in the <u>Indigenous</u> <u>Edmonton Directory</u>

Discover how the City can <u>help you with</u> <u>community programs and neighbourhood</u> <u>events</u>.

Give your opinion by joining the <u>Edmonton</u> <u>Insight Community</u>.

<u>Find your nearest community league</u> and become a member.

<u>Check out other City e-newsletters</u> and discover what's here for you.

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Advertisements



