



Duggan Details

March 2018



FROM THE EDITOR

Hello fellow Duggan-ites,

Although it seems as if winter is back in full force, I am excited to include an article from the Green & Gold Community Garden, which must mean that spring is right around the corner!

Are you aware of all of the fun events the city of Edmonton hosts throughout the year? Check out the events calendar [here](#), where you can search by event type and location. There is more going on in the city than you may have expected!

With the freezing and thawing, remember to keep your sidewalks sanded or salted. I see lots of people walking in our neighborhoods, whether with dogs, strollers or just to get some fresh air, and we want to make sure our neighbors are safe from icy sidewalks.

I am always interested from hearing from you. If you are interested in contributing an article on any topic, please drop me a line! Also, please send any notices or advertisements to the email address below by the 15th of the month for inclusion in next month's issue.

Tara Penner
duggandetails@mydcl.ca

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COMMUNITY NEWS



The volunteer gardeners at the Green & Gold Community garden, located on the University of Alberta South Campus, are making plans for our **tenth** gardening season! The garden is a project of the U of A Faculty of Agricultural, Life and Environmental Sciences. The garden is completely run by volunteers, and virtually all of the seeds, plants and equipment used are donated.

The vegetables, fruit, herbs and flowers are “spray-free”, meaning no pesticides or artificial fertilizers are used. The general public is welcome to purchase vegetables produced at the garden, and all of the money—that’s 100%—goes to the **Tubahumurize Association**. This non-profit organization is located in Rwanda, and supports and empowers female victims of violence and marginalization through trauma counselling, life-skills coaching, vocational training, and micro-credit loans. Many women who benefit from Tubahumurize are genocide survivors, widows, orphans, infected with HIV, or survivors of physical and sexual violence. To date, the garden has raised over \$290,000 for Tubahumurize.

The gardeners at the Green & Gold Community garden are now gearing up for the 2018 gardening season, and are looking for new volunteers to join us at the garden. Both novice and experienced gardeners are

welcome. If you aren’t interested in gardening, you are welcome to help in other ways (such as promoting the garden). To get involved, please contact us at:

E-mail: gggarden@ualberta.ca

Phone: 780-492-4087



Web site: www.greengoldgarden.com

Watch our www site for details regarding our volunteer orientation session in April.

COMMUNITY NEWS

HELLO, LET'S EAT! PROMOTES COMMUNITY CONNECTIONS

February 22, 2018

The City of Edmonton is launching Hello, Let's Eat!, a pilot project that encourages Edmontonians to connect over a meal.

Hello, Let's Eat!—part of the City Council's Urban Isolation and Mental Health initiative—aims to enhance Edmontonians' mental health by making it easier for friends, family and neighbours to share a community-style meal. The project is a collaboration between the Hello, How Are You? campaign, fresh: Edmonton's Food & Urban Agriculture Strategy and River City Events.

“Hello, Let's Eat! is an opportunity to boost community building, reduce urban isolation and loneliness, raise awareness of food security issues and build capacity to help reduce it,” said Councillor Scott McKeen. “People with strong ties to their community are not only happier, but are healthier and live longer.”

Meal kits containing place settings and food service equipment, such as cutlery, dishes, placemats and more, for groups up to 24 are available through the program at no cost. The project hopes to support 15 to 20 community-style meals in 2018. Applications for hosting are now available on the City's Hello, Let's Eat! webpage

“At River City Events, we are committed to being a good neighbour and a valued partner in our community. We are thrilled to support the Hello, Let's Eat! initiative, designed to create meaningful connections and to build healthy, sustainable and inclusive

communities,” said Joe Ammar, President & CEO of River City Events.

fresh: Edmonton's Food & Urban Agriculture Strategy partnered on this project to further explore the concept of community-style meals in Edmonton. fresh promotes the reduction of food service waste and envisions a resilient food and agriculture system that contributes to the local economy and the overall sustainability of the city.

See original media release [here](#).

OFF-LEASH AMBASSADORS AIM TO KEEP YOUR DOG SAFE

Meet Diana Rhodes and her four-legged friend, Elvis. They're [volunteer off-leash ambassadors](#) at Buena Vista Park, one of the [more than 40 off-leash sites in Edmonton](#).

Diana and Elvis work to improve the quality of these sites and to help build a stronger sense of community. Part of this role means letting dog owners know how to [keep your dog safe](#) as the ice melts during our upcoming spring thaw.

“I always try to tell dog owners that if their dog doesn't have a great re-call, it might be better if they spend more time in the field space and away from the river. It's just not worth it,” she says.



COMMUNITY EVENTS

Edmonton Public Library: Whitemud Crossing Branch—Events

MARCH

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Whitemud Crossing Branch
145 Whitemud Crossing Shopping Centre,
4211 - 106 St
780.496.1822

To register or for more information:
Online: www.epl.ca
Phone: 780.496.1822
Talk to staff in branch or visit www.epl.ca/programs for more details

*All programs are drop in unless otherwise specified

Baby Laptime
10:15 a.m.
Family Films at the Library
1:00 p.m.
Evil Genius Club
4:00 p.m.
Practise English @ Your Library
7:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
School's Out
2:00 p.m.
Music Makers: Sing Yourself Silly!
4:00 p.m.

Parks Canada - Learn to Camp
10:00 a.m. - 4:00 p.m.
Family Storytime
10:15 a.m.
Puppet Show
11:30 a.m.
Pop-Up Makerspace
2:00 p.m.

Parks Canada - Learn to Camp
1:00 p.m. - 4:30 p.m.
Family Films at the Library
2:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m. and 6:30 p.m.
Baby Laptime
2:00 p.m.
Art Beyond the Book
4:30 p.m.
Parks Canada - Learn to Camp
6:30 p.m. - 8:00 p.m.

Family Storytime
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Resume Review and Career Advising @ EPL
1:30 p.m.
Reading Buddies
4:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Baby Laptime
10:15 a.m.
Evil Genius Club
4:00 p.m.
Birth of a Family
6:30 p.m.
Practise English @ Your Library
7:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
Music Makers: Sing Yourself Silly!
4:00 p.m.

Family Storytime
10:15 a.m.
Lego at the Library
2:00 p.m.

Parks Canada - Learn to Camp
1:00 p.m. - 4:30 p.m.
Family Films at the Library
2:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m. and 6:30 p.m.
Baby Laptime
2:00 p.m.
Art Beyond the Book
4:30 p.m.

Family Storytime
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Reading Buddies
4:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Baby Laptime
10:15 a.m.
Evil Genius Club
4:00 p.m.
Practise English @ Your Library
7:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
Book Clubs of EPL
2:00 p.m.
Music Makers: Sing Yourself Silly!
4:00 p.m.

Family Storytime
10:15 a.m.
Pop-Up Makerspace
2:00 p.m.

Family Films at the Library
2:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m. and 6:30 p.m.
Baby Laptime
2:00 p.m.
Art Beyond the Book
4:30 p.m.

Family Storytime
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
English Conversation Circle (LACE)
1:00 p.m.
Resume Review and Career Advising @ EPL
1:30 p.m.
Reading Buddies
4:30 p.m.
Reading Circle (Frontier College)
6:30 p.m.

Baby Laptime
10:15 a.m.
Evil Genius Club
4:00 p.m.
Practise English @ Your Library
7:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
Music Makers: Sing Yourself Silly!
4:00 p.m.

Family Storytime
10:15 a.m.
Spring Break Starts Here 2018 - Build-A-Story
11:00 a.m.
Lego at the Library
2:00 p.m.

Parks Canada - Learn to Camp
1:00 p.m. - 4:30 p.m.
Family Films at the Library
2:00 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m. and 6:30 p.m.
Baby Laptime
2:00 p.m.
Spring Break Starts Here 2018 - Charged Particles are in the House
3:15 p.m. and 4:30 p.m.
Art Beyond the Book
4:30 p.m.
CFW Surprise Movie Night
6:30 p.m.

Family Storytime
10:15 a.m.
Spring Break Starts Here 2018 - Art Attack
1:30 p.m. and 3:30 p.m.
Sing, Sign, Laugh and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.

Sing, Sign, Laugh and Learn
10:15 a.m.
Spring Break Starts Here 2018 - Digital Scavenger Hunt
1:30 p.m. and 3:00 p.m.
Book Clubs of EPL
7:00 p.m.

Baby Laptime
10:15 a.m.
Spring Break Starts Here 2018 - Coup d'art
1:30 p.m.
Evil Genius Club
4:00 p.m.
Practise English @ Your Library
7:00 p.m.

Good Friday
All locations CLOSED

Family Storytime
10:15 a.m.
Spring Break Starts Here 2018 - Dinosaur Adventures
11:00 a.m. and 2:00 p.m.

COMMUNITY EVENTS

THE PETROLIA SENIORS GROUP (55+) INVITES YOU TO COME ENJOY

LUNCH AND A PROGRAM (\$15 EXCEPT DECEMBER)

Every Third Tuesday (except July and August)

11:45 a.m. (sharp) to 2:00 p.m.

at Greenfield Community Hall

3803 – 114th Street

MARCH 20 – RON KELLAND, HISTORIC PLACES RESEARCH OFFICE – AB CULTURE

The history of some place names in our region and their important role in our lives

APRIL 17 – SPEAKER FROM THE ALZHEIMERS ASSOCIATION

Understanding Dementia—Helpful Hints & Tips for Support & Care

MAY 15 – KECIA KERR – DIRECTOR OF CANADIAN PARKS AND WILDERNESS SOCIETY –

Importance of Parks and Protected Areas in Alberta

To **CONFIRM** your attendance or for more information call:

Nick - 780-435-1045 or Betty - 780-434-0711

AN ADDITIONAL OUTING IS OFFERED EACH MONTH FOR YOUR ENJOYMENT

For information call Joyce – 780-435-6388

WE LOOK FORWARD TO YOUR PARTICIPATION.

NEWS FROM OUR SCHOOLS



DUGGAN ELEMENTARY SCHOOL

KINDERGARTEN

Registration for the 2018/2019 school year begins on February 1, 2018.

If you live in Duggan School's designated boundaries and you have a child beginning kindergarten, come and see us!

DUGGAN SCHOOL OPEN HOUSE

WEDNESDAY, MARCH 21, 2018

4:00 - 7:00 P.M.

The format for the open house is just a casual walk about in the school with no formal presentation.

The administrative team will be available to answer any questions and registration forms will be available to fill out.

If you cannot make it this evening, feel free to call the school office (780-434-0319) and we will book a time that you can come in for a tour at a time that is more convenient.

PRE-KINDERGARTEN

Our school offers Pre-Kindergarten programming for children 2 years and 8 months to 4 years and 6 months old who have a first language other than English, identify as First Nations, Métis, or Inuit, or have mild, moderate or severe delays in their development. Learn more about these fun and busy classes where children learn by playing with their peers. Parents and families interested in Pre-Kindergarten for the 2018-19 school year need to sign up for either a screening or information session this spring. Parents only need to sign up for one session.

DUGGAN PARENT ASSOCIATION

We are looking for new members! If you have a student attending Duggan Elementary and can spare an hour or two a month, please email dugganpac@hotmail.com, or attend our next meeting on March 12 at 6:00pm at the school.

*Give the Gift
of a Second
Language*



DKK provides a nurturing, play-based environment for children 3-5 years old. Class is taught in both English & German. NO previous knowledge of German needed. Subsidy available for eligible families.

OPEN HOUSE
MAR.15, 5:30-7:30 pm
Forest Heights School, 10304-81 St.



Preschool program also offered at:
German Club, 8310 Roper Rd.
Rio Terrace School, 7608-154 St.



Emergency
Medical
Services

Bicycle Helmet Safety



Head injuries are the leading cause of serious injury and death to kids on wheels*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.

*Parachute Canada
<http://www.parachuteCanada.org/injury-topics/item/wheeled-activities1>

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Jefferson Armoury – NAIT LRT
11630 109 St.
Edmonton, AB T5G 2T8
(780) 973-4011 ext. 5286

Youth Program for ages 12-18

Aviation, Drill and Deportment, Music (pipes and drums),
Marksmanship, Survival, Physical Fitness,
Glider and Power Scholarships (learn to fly),
International Exchange

Thurs Evenings - 630-915pm

(September-June)

www.570squadron.com



THE DUGGAN COMMUNITY LEAGUE BOARD IS LOOKING TO FILL SOME KEY POSITIONS!

SOCIAL AND EVENTS DIRECTOR

- Participates as a member of the Duggan Community League Board of Directors
- Finds out what types of events our community members want
- Plans, organizes, and advertises events in and around the community

GOVERNMENT RELATIONS (CIVICS) DIRECTOR

- Participates as a member of the Duggan Community League Board of Directors
- Monitors land use, transportation issues and other civic concerns
- Coordinates submissions and inquiries to government and other organizations

YOUTH DIRECTOR

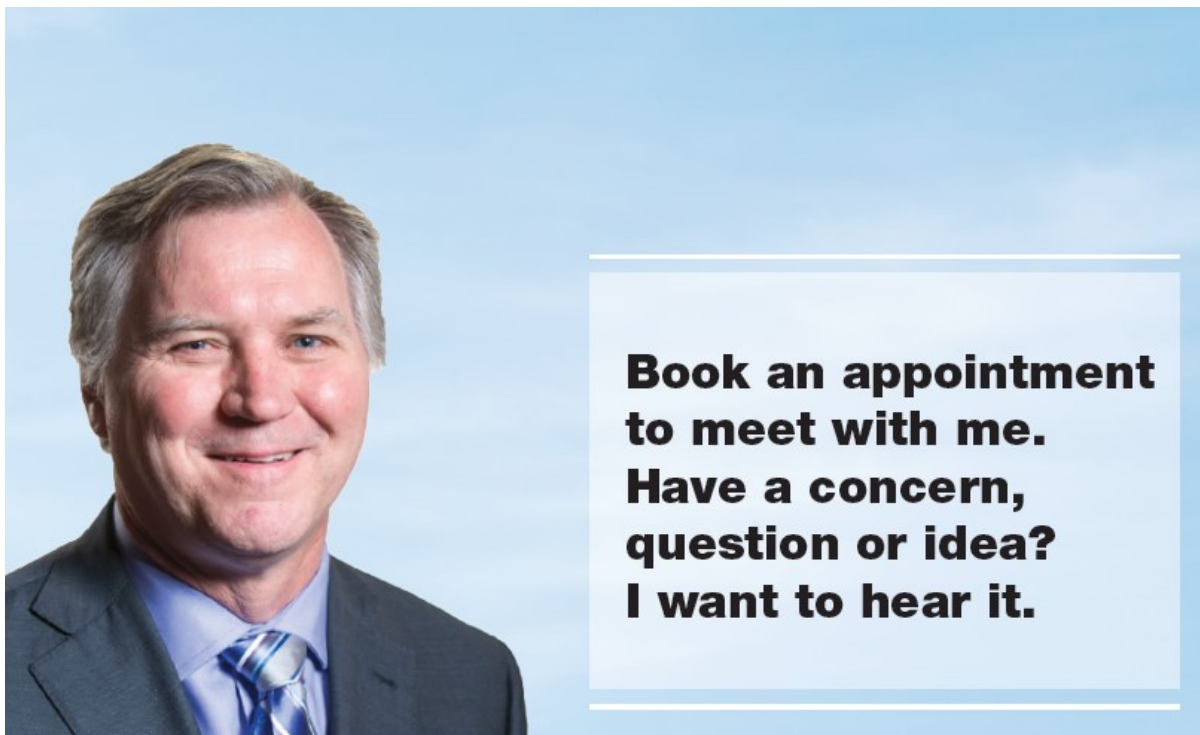
- Participates as a member of the Duggan Community League Board of Directors
- Coordinates youth events and engages with youth

YOUTH REPRESENTATIVE—A GREAT OPPORTUNITY FOR STUDENTS!

- Attends Duggan Community League Board meetings to provide a perspective from Duggan youth
- Promotes youth involvement within the community

For more information, please contact DugganDetails@mydcl.ca or President@mydcl.ca

ADVERTISEMENTS



**Book an appointment
to meet with me.
Have a concern,
question or idea?
I want to hear it.**

**Richard
Feehan** MLA, Edmonton-Rutherford

Phone: 780-414-1311

edmonton.rutherford@assembly.ab.ca

308 Saddleback Road, Edmonton, AB T6J 4R7



DUGGAN COMMUNITY LEAGUE CONTACT INFORMATION

DUGGAN HALL ADDRESS

3728 – 106 Street NW
Edmonton, AB
780-436-6987

DUGGAN HALL MAILING ADDRESS

Duggan Community League
Yellowbird Post Office
P.O. Box 41041 Edmonton, Alberta
T6J 6M7

EXECUTIVE OFFICERS

President	(Vacant)
Vice-President	(Vacant)
Second Vice-President	Mohammad Ali Kamal
Treasurer	Richard Mak
Secretary	Gerald Draganiuk

DIRECTORS

Membership	Andre Huellstrung
Communications	Tara Penner
Youth Programs	(Vacant)
Soccer	Brad Kring
Neighbourhood Watch	Michelle Barin
Webmaster	Michael Elliott
Social Director	(Vacant)
Civic Director	(Vacant)
Youth Representative	(Vacant)
Social Media	Samantha Goettel

COMMITTEE CHAIRS

Inventory	(Vacant)
Financial Review	(Vacant)
Bylaw Review	(Vacant)
Policy/Procedure	(Vacant)
Hall Booking	Rene Meister
Board Transparency	(Vacant)
Senior Liaison	(Vacant)
Fundraising	(Vacant)
Board/Volunteer Recruitment	(Vacant)

Board Meetings are held at the Duggan Community Hall on the first Monday of every month. The next meeting will be on **Monday February 4** at 6:30pm.