



Duggan Details

November 2018



From the Editor

It's been a quiet month for the Duggan Details, which has given me a chance to work on a series of articles focussed on Edmonton's waste management system. I recently completed the Master Composter Recycler program through the City of Edmonton, and it has completely changed the way that I view garbage and disposable items. I am excited to share some of this information with the community. This month I've included an overview of the waste system, and in future issues I will tell you how to properly recycle, what to take to the Eco Station, and how you can compost at home.

The Dec/Jan issue of the Duggan Details will be published the first week in December. Please send any notices, articles or advertisements to the email address below by **November 15th**.

Tara Penner
duggandetails@mydcl.ca

Inside this Issue

DCL Contact Info	2
Community News	3
Community Events	6

About the Duggan Community League

Duggan Hall Address

3728 – 106 Street NW
Edmonton, AB
780-436-6987

Duggan Hall Mailing Address

Duggan Community League
Yellowbird Post Office
P.O. Box 41041 Edmonton, Alberta
T6J 6M7

Executive Officers

President	(Vacant)
Vice-President	(Vacant)
Second Vice-President	Mohammad Ali Kamal
Treasurer	Richard Mak
Secretary	Gerald Draganiuk

Directors

Membership	(Vacant)
Communications	Tara Penner
Youth Programs	(Vacant)
Soccer	Brad Kring
Neighbourhood Watch	Michelle Barin
Webmaster	Michael Elliott
Social Director	Jeanna Friedley
Youth Representative	(Vacant)
Social Media	Samantha Goettel

Committee Chairs

Inventory	(Vacant)
Financial Review	(Vacant)
Bylaw Review	(Vacant)
Policy/Procedure	(Vacant)
Hall Booking	Rene Meister
Board Transparency	(Vacant)
Senior Liaison	(Vacant)
Fundraising	(Vacant)
Board/Volunteer Recruitment	(Vacant)

Board Meetings are held at the Duggan Community Hall on the first Monday of every month.

Upcoming meetings:

- November 5 at 6:30pm
- December 3 at 6:30pm

How do I buy a community league membership?

To pay online: go to efcl.org/membership and select Duggan Community League.

To pay in person, visit the Community League office on Wednesdays from 7:00-9:00pm.

How much does a membership cost?

Senior Membership	\$20
Adult Individual Membership	\$20
Associate Membership	\$35
Family Membership	\$35
Newcomers Membership	Free!

What does my membership get me?

Lots of things, including:

- Free community swimming at Confederation and William Lutzky YMCA
- Free skating during the winter at the Duggan rink, Confederation rink and Kinsmen rink
- The Community League Wellness Program lets you purchase discounted annual passes and multi-passes to City of Edmonton's rec centers!

Community News

Edmonton's Waste Management System

By Tara Penner

Have you ever wondered what happens to our garbage once it leaves our homes? The city of Edmonton has a unique system that has been almost 40 years in the making.

In the 1980s, Edmonton was faced with a waste challenge. Its main landfill was filling up, and finding more land for a new landfill was not cheap or easy. Instead of building a new landfill, the city decided to focus on diverting waste from landfill. These new strategies included collecting residential recycling (in fact, Edmonton was one of the first cities to do so!), composting organics, and diverting commercial paper waste. The result was a simple and unique system for managing waste, and up to 20% of waste was diverted from the landfill, extending the life of the current landfill for another 10 years.

Edmonton's current waste system has three main streams:

- Recycling: paper, plastics, glass and metal containers
- Eco station: household hazardous waste like chemicals, old electronics, scrap metal and bulky items
- Garbage: Everything else that can't be recycled or accepted at the Eco Stations.

Garbage collected from residents goes to the EWMC and is dumped onto a sorting floor. People and machinery sort the waste into two piles: organics (food and yard waste) and inorganics (plastic and metals).

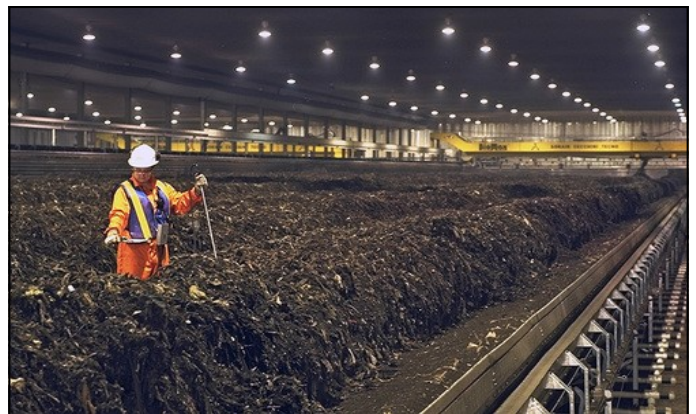
The organic compostable waste goes to the composting facility where it is mixed with biosolids (from treated wastewater sludge) and turned into compost.



The tipping floor at the EWMC

The composting facility opened in 2000, but closed during the winter of 2018 for structural concerns. The facility reopened this past spring and will operate as long as there is no snow on the roof.

The rest of the waste currently goes to the landfill.



Edmonton's composting facility

For many years, Edmonton boasted a world-class waste management system, with an ultimate goal of diverting 90% of waste from landfill. Unfortunately, a waste audit earlier this year found that the city was not meeting these waste reduction targets, and Edmonton is again faced with the

continued on next page...

Community News

challenge of diverting even more waste from the landfill. City Council has been busy assessing new strategies, with the ultimate goal of diverting 90% of waste from the landfill. Several exciting initiatives are in the works.

The Enerkem Biofuels facility is a waste-to-biofuels facility, and will eventually divert non-recyclable and non-compostable waste into ethanol and methanol, which can be used for fuel or in manufacturing. Enerkem is still scaling up production, but will eventually divert up to 40% of waste from landfill. Learn more at www.enerkem.com.



Enerkem Waste-to-Biofuels facility

The anaerobic digestion facility is currently under construction, and will eventually convert compostable waste into methane, which will be used to generate heat and electricity.



Edmonton's Waste Management Center

The City of Edmonton is investigating other strategies to divert waste together with Edmonton's residents and businesses. While no decisions have been made, these changes might include:

- Collecting household organic waste separately using green carts, similar to the systems already in place in other cities
- Considering new strategies for collecting yard waste, leaves and grass clippings from residents.

More information on these upcoming changes can be found at www.edmonton/futureofwaste.

LEARN MORE

Has this article made you curious about waste in Edmonton? Stay tuned for more articles on our city's waste management system, or go to www.edmonton/waste.

Community News

Consume responsibly around festivals, parks and trails



Edmonton's new cannabis and smoking regulations mean users may have to think about how and where they consume when out at a festival or simply wandering the parks and trails around the City.

Just like the smoke from cigarettes, the second-hand smoke from cannabis can make others uncomfortable, especially when they're outside for sport, social or recreation purposes.

Learn more at edmonton.ca/smoking.

Keep Rolling When it's Snowing



Winter doesn't necessarily mean putting the bike away. Give winter cycling a whirl this year. Cycling during the winter not only keeps you active but has been proven to improve mood and reduce stress.

The City of Edmonton will keep major bike routes clear of snow and ice this winter so people can keep on rolling.

Winter cycling tips:

Suit Up

- Dress for the weather before hitting the streets
- Wear synthetic and insulating layers, a warm hat and helmet, and eye protection

Get in Gear

- Use studded or fat tires to improve traction on winter roads; or slightly deflate your current set
- Attach a rear fender to keep slush away from your body
- Clean and oil your bike regularly

Cycle Smart

- Brake early and slowly for smooth stops
- Keep your eyes on your route
- Dismount and walk if you are ever unsure about surface conditions
- Hop on ETS if the weather gets rough: edmonton.ca/ETS/BikesOnETS

Stand Out

- Equip your bike with a proper headlight and tail light for riding during the dark
- Wear bright clothing or reflective bands to stand out

Sign up for winter cycling workshop at edmonton.ca/WinterCyclingEvents

Date: Saturday November 10, 2018

Time: 10:30am-Noon

Cost: Free

Location: Queen Alexandra Community League
[10425 University Avenue](https://www.10425universityavenue.com)

Community Events

The Petrolia Seniors Group (55+) invites YOU to come ENJOY

LUNCH and a PROGRAM **(\$18 except December)**

Every Third Tuesday (except July and August)
11:45 a.m. (sharp) to 2:00 p.m.
at Greenfield Community Hall
3803 – 114th Street

NOVEMBER 20TH—JOHN CHALMERS, HISTORIAN FOR CANADA'S AVIATION HALL OF FAME
"A Centennial Tribute to the First World War" – Stories of Canadian Combat Pilots

DECEMBER 11TH—HULA HONEYS WILL BRING HAWAII TO US!
also a Christmas Carol sing

JANUARY 15TH, 2019—BOB LAYTON, NEWSCASTER AND 630 CHED RADIO PERSONALITY
Hear Bob tell hilarious stories from his radio experiences (seating is limited)

To **CONFIRM** your attendance or for more information call:
Nick: 780-435-1045 or Betty: 780-434-0712

An additional outing is offered each month for your enjoyment
For information call Joyce – 780-435-6388

We look forward to your participation.

Community Events



**Saturday
November 3, 2018**

9:00 am - 2:30 pm

Central Lions Seniors
Recreation Centre

11113 113 Street
Edmonton, AB

FREE REGISTRATION

- Phone 780.809.8604
- Email eweisbrot@mysage.ca
- Limited seating available

FREE LUNCH
and refreshments

FREE PARKING
available on site

**FREE HEARING HEALTH
CHECKS**

Event Schedule	
9:00 am	Doors Open Visit gym exhibitors until 1:30 pm
10:00 am Three session options	<p>A: My Health Health resources; planning for a healthy future; seniors community hub initiative.</p> <p>B: My Transportation Transportation information and resources.</p> <p>C: My Community Ways to be an ally to seniors' communities; understanding and combating ageism.</p>
11:30 am Three session options	<p>D: My Home Improving physical capacity with home exercise.</p> <p>E: My Partner and Me Resources for caregivers of those with dementia; caregiver support strategies.</p> <p>F: My Safety Managing multiple medications; safe medication for older adults.</p>
12:30pm - 1:30 pm	Visit exhibitor booths in gym Lunch Break - free lunch, coffee and tea
1:30 pm Three session options	<p>G: My Supports and Services Overview of city-wide supports and services for seniors.</p> <p>H: My Finances Recognizing scams; avoiding fraud.</p> <p>I: My Connections The importance of social connection to our health/wellbeing; ways to be an ally to diverse seniors' communities.</p>
2:30 pm	Wrap-up and Door prizes

SSUC Edmonton

Annual Christmas Cookie Walk

Saturday Dec. 1 - 10 am-12 Noon

10740-19 Ave

Let us help with your Christmas baking!

Choose from hundreds of homemade cookies!

\$15 to fill the cookie box!

Enjoy music, wassail and community and a little surprise shopping!

MAJOR SPONSORS INCLUDE:



edmonton.ca/agefriendly • mysage.ca/events/health-and-wellness-forum

Events around Edmonton

Events this month

[Ignite, A Conversation Cafe with Age Friendly Edmonton 2.0](#): Nov. 1

[In-Situ: Tour Historic Ortona Armoury](#): Nov. 3

SAGE [Seniors' Health and Wellness Forum](#): Nov. 3

[No Stone Left Alone](#) Remembrance Ceremonies: Nov. 5

[Fall Self-Care Fair for Caregivers](#): Nov. 7

Family-friendly public engagement through [Engage Edmonton](#) at Mill Woods Town Centre: Nov. 8

[Orange Hub](#) open house: 7-9 p.m., Nov. 8

[Diwali, A Festival of Lights Fundraising Gala](#): Nov. 9

[All is Bright](#) festival on 124th Street: Nov. 10

[City Hall Remembrance Day Service](#): Nov. 11

[Armistice 100 - A Tribute](#): Nov. 11

Family-friendly public engagement through [Engage Edmonton](#) at downtown's Edmonton Tower: Nov. 15

[Boho Holiday Decorations Workshop](#): Nov. 24

[Santa's Parade of Lights](#): Nov. 24

[Drop-in engagement session for the vision of a new neighbourhood in Heritage Valley](#): Nov. 28

[Discovery Lab](#): Dec. 4

[Seniors' Candy Cane Tea](#) at the Valley Zoo: Dec. 4

Find out what's happening every day on the City of Edmonton's [Events Calendar](#).

Get involved!

Drop in to any of the three [Ribbon of Green Information Sessions](#) in November.

Share your thoughts about [parking for new homes and businesses](#) through this [online survey](#).

Check here for your closest free drop-in [Fall Green Shack Programs](#).

Join the excitement at Edmonton's 5-day [Grey Cup Festival](#).

Fill those stockings with gifts from [holiday craft markets](#).

Marvel at the University of Alberta Botanic Garden's candle-lined pathways during [Luminaria](#).

Find a holiday volunteering opportunity by searching the following words online: **Edmonton holiday volunteer 2018**.

Enjoy festive school musical performances during [Holiday Magic](#).

Visit beautifully decorated houses in the Junior League of Edmonton's annual [Homes for the Holidays](#).

Gather friends and [enjoy a winter patio](#).

Discover how the City can [help you with community programs and neighbourhood events](#).

Give your opinion by joining the [Edmonton Insight Community](#).

[Find your nearest community league](#) and become a member.

[Check out other City e-newsletters](#) and discover what's here for you.

Community Events

Edmonton Public Library: Whitemud Crossing Branch—[Events](#)

NOVEMBER

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Whitemud Crossing Branch
145 Whitemud Crossing
Shopping Centre, 4211 - 106 St
780.496.1822

To register or for more information:
Online: www.epl.ca Phone: 780.496.1822
Talk to staff in branch or visit www.epl.ca/programs
for more details

*All programs are drop in unless otherwise specified

Family Films at
the Library
2:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m. and
6:30 p.m.
Baby Laptime
2:00 p.m.

Family Storytime
10:15 a.m.
English Conversation
Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh
and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle
(Frontier College)
6:30 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m. and 2:00 p.m.
English Conversation
Circle (LACE)
1:00 p.m.
Resume Review and
Career Advising @ EPL
1:30 p.m.
Reading Buddies
4:30 p.m.
Reading Circle
6:30 p.m.

Baby Laptime
10:15 a.m.
Refugee
Awareness
Alberta
12:00 p.m.
Evil Genius Club
4:00 p.m.
Practise English @
Your Library
7:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.

Family Storytime
10:15 a.m.
Lego at the
Library
2:00 p.m.

Remembrance Day
All locations CLOSED

Remembrance
Day (Lieu Day)
All locations CLOSED

Family Storytime
10:15 a.m.
English Conversation
Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh
and Learn
2:00 p.m.
School's Out
4:00 p.m.
Daddy and Baby Time
6:30 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m. and
2:00 p.m.
English
Conversation
Circle (LACE)
1:00 p.m.
Reading Buddies
4:30 p.m.

Baby Laptime
10:15 a.m.
Book Clubs
of EPL
2:00 p.m.
Evil Genius Club
4:00 p.m.
Practise English
@ Your Library
7:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.
Book Clubs
of EPL
2:00 p.m.

Family Storytime
10:15 a.m.
Pop-Up
Makerspace
2:00 p.m.

Family Films at
the Library
2:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m. and
6:30 p.m.
Baby Laptime
2:00 p.m.

Family Storytime
10:15 a.m.
National Child Day
Celebration
11:00 a.m. to 4:00 p.m.
English Conversation
Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh
and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle
(Frontier College)
6:30 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.
and 2:00 p.m.
English Conversation
Circle (LACE)
1:00 p.m.
Resume Review and
Career Advising @ EPL
1:30 p.m.
Reading Circle
(Frontier College)
6:30 p.m.

Baby Laptime
10:15 a.m.
Evil Genius Club
4:00 p.m.
Practise English
@ Your Library
7:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.

Family Storytime
10:15 a.m.
Lego at the
Library
2:00 p.m.

Family Films at
the Library
2:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m. and
6:30 p.m.
Baby Laptime
2:00 p.m.
School's Out
3:30 p.m.
CFUW Surprise
Movie Night
6:30 p.m.

Family Storytime
10:15 a.m.
English Conversation
Circle (LACE)
1:00 p.m.
Sing, Sign, Laugh
and Learn
2:00 p.m.
Daddy and Baby Time
6:30 p.m.
Reading Circle
(Frontier College)
6:30 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.
and 2:00 p.m.
English Conversation
Circle (LACE)
1:00 p.m.
Reading Circle
(Frontier College)
6:30 p.m.
Book Clubs
of EPL
7:00 p.m.

Baby Laptime
10:15 a.m.
Evil Genius Club
4:00 p.m.
Practise English
@ Your Library
7:00 p.m.

Sing, Sign, Laugh
and Learn
10:15 a.m.

EDMONTON PUBLIC LIBRARY

 epl.ca

Community Events

November Programs:

Children

Baby Laptime

Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies. Cuddle with your baby and connect with other caregivers. **Ages up to 12 months.**

Daddy and Baby Time

You will learn songs and rhymes that help support your baby's development. **Ages up to 18 months.**

Lego at the Library

Calling all Lego lovers! Come to the library to design and build a Lego creation. Share your building tips and tricks with others. **Ages 6 to 12.**

Reading Buddies

THIS PROGRAM IS FOR CHILDREN IN GRADES 2 TO 4 ONLY.
Do you love to read? Do you want to have fun, make new friends and practice your reading skills? Reading Buddies is a program that matches teen mentors with kids in Grades 2-4. Through interactive games and activities, buddies share their enthusiasm for reading. If your child is in Grades 2-4, please register for a spot in the program or contact your local branch for more information. If you're a teen who would like to volunteer, visit www.epl.ca/volunteer for more information. **Ages 6 to 8.**

Reading Circle (Frontier College)

A reading circle is a place where children and volunteers read together for enjoyment. One volunteer and one child form a team to read, write, play games and tell stories that help build literacy skills. For registration information, contact Frontier College by email, edmonton@frontiercollege.ca. **Ages 6 to 8.**

School's Out

When school is out, the library is in. Complete challenges, play games, or learn something new! Discover all the fun activities waiting for you at EPL. **Ages 6 to 12.**

Sing, Sign Laugh and Learn

Siblings are welcome. Parents will learn strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement. **Ages birth to 3.**

Teens

Evil Genius Club

Robot battles, Arduino hacks, DIY music, art, Minecraft, photography, 3-D design and printing are just the beginning for this club of maniacal makers. This is a drop-in program. **Ages 9 to 14.**

Families

Family Films at the Library

EPL has a great selection of children's films for the entire family. Join us for a family fun movie. November 4 is Harry Potter and the Philosopher's Stone, November 18 is Kung Fu Panda 3, and November 25 is Ballerina.

Family Storytime

Share stories, songs and games for the whole family.

National Child Day Celebration

Come in and celebrate National Child Day! Join your child for this fun, station-based program that promotes learning through play, and take away ideas and activities for more learning and playing at home. No registration is required. Activities will vary by branch. Drop in anytime between 11:00 a.m. & 4:00 p.m.

Pop-Up Makerspace

Makey Makey hacks, DIY music, Art and 3-D design are just the beginning at this Pop-Up maker event. You're invited to drop-in, hang out, bring friends, try things and make fun stuff.

Puppet Show

Our library puppeteers bring the puppets to life on stage with plenty of action and lively antics.

Adults

Book Clubs of EPL

Love reading? Love to talk about books you've read? Come join us for lively discussions on all types of fiction and non-fiction. We'll feature different titles and authors each month. Come and share your impressions, thoughts and interpretations of a book we have all read. Check the schedule at www.epl.ca/bookclubs and join us at an EPL location. Please register to reserve a copy of the book. You can contact the library for more information.

CFUW Surprise Movie Night

The Canadian Federation of University Women (CFUW) Edmonton, in partnership with the Edmonton Public Library, invites you to join us for a free movie night at the Whitemud Crossing Library on the fourth Monday of every month from September 2018 to April 2019 (with the exception of December and February).

The title of each monthly movie will be a surprise but you can be sure the movie will be life-enriching and feature strong women. Join us to watch the movie and enjoy conversation after the movie. This is a wonderful opportunity to have fun, meet new people and to learn more about CFUW Edmonton, which, since 1909, has worked locally, nationally, and internationally to improve the status of women, access to education, and human rights. Register online with EPL. For further information call 780-466-6202 or email communications@cfuwedmonton.org Learn more at www.cfuwedmonton.org

English Conversation Circle (LACE)

Drop in and join others who also want to practice their English. English Conversation Circle is part of Catholic Social Services' Learning and Community Enrichment (LACE) program. Call Catholic Social Services at 780-424-3545 for more information.

Practice English @ Your Library

Are you learning English? Practise your English language skills, meet new friends and have some fun. We'll have conversations about many different topics, using materials from the library. A library staff member will lead the group. English speakers at all levels are welcome!

Refugee Awareness Alberta

In partnership with Edmonton Public Library, the Centre for Race and Culture presents this public session to provide community members with accurate and comprehensive information about refugees and refugee resettlement in the province. Topics include: migration pathways and the refugee experience; basic facts and figures on refugees and refugee resettlement; an overview of UNHCR and Canadian refugee resettlement programs and processes; and finally, some practical tips for creating welcoming and inclusive environments that ensure sustainable and successful resettlement of refugees and other migrants in Alberta.

Resume Review and Career Advising @ EPL (Alberta Supports)

Are you looking for work? Alberta Supports staff will be visiting the library to provide one-on-one resume reviews and career advising.